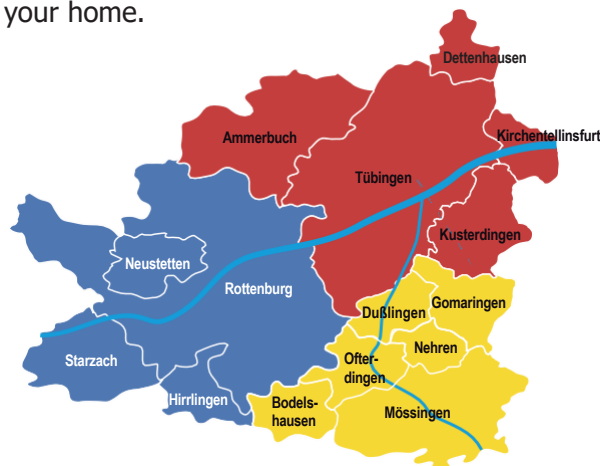




You can find the Frühe Hilfen here:

Call or E-Mail us. We will also come to your home.



Our Team consists of

- Social educators
- Psychologists
- (Family-) Paediatric nurses
- (Family-) Midwives

We work in an network with

- Everyone, who has to do with health: pediatricians, clinics, midwives...
- Other counselling centres and institutions for families.

Coordination of Frühe Hilfen in the district Tübingen

Telefon (07071) 207 6315
fruehehilfen@kreis-tuebingen.de

Here you can find more information on the internet



www.familie-leben.info

Tübingen

Jugend- und Familienberatungszentrum
Bismarckstraße 110, 72072 Tübingen
(07071) 207 6303
JFBZ-Tue@kreis-tuebingen.de

Mösingen

Jugend- und Familienberatungszentrum
Bahnhofstraße 5, 72116 Mösingen
(07071) 207 6333
JFBZ-Moe@kreis-tuebingen.de

Rottenburg

Jugend- und Familienberatungszentrum
Obere Gasse 31, 72108 Rottenburg
(07071) 207 6363
JFBZ-Rbg@kreis-tuebingen.de



For future parents and parents with children up to 3 years

Together we will search for suitable offers and support for you and your child.

Gefördert vom:



A child brings joy and change

We will answer your questions and support you in everyday life.

Your questions concerning :

- The development and education of your child.
- The health of parents and child.
- Dealing with stress and conflicts.
- Being a parent and still staying a couple.
- organizing the family.
- Getting to know offers for families with children.
- Financial questions.

Our offers & help

We inform and advise you

- About your child and being a parent.
- About offers and help for families, mothers and fathers.
- About what you can do in an emergency.
- Also gladly at your home.

We mediate

- We will look for suitable support and offers with you

Parents' meetings

- You can get to know other parents
- You can exchange information and chat with other parents.
- Your kids can play together

Parents' courses

- Lectures and courses empower you in the upbringing of your children



The offers are

- For every family, mother and father.
- Voluntary and free of charge.
- Confidential, because we comply with the legal obligation of secrecy.

